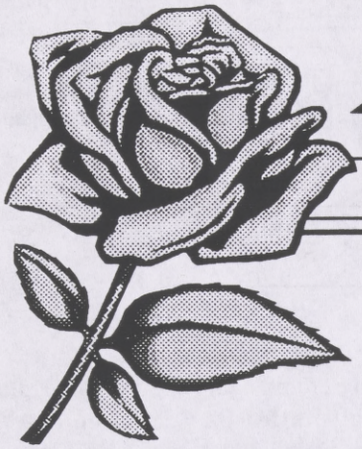
Sacramento Gender Association

Volume 1 Issue 13 March 1995



Library
Lambda Community Center
Sacramento, CA

SOCIAL

SATURDAY NIGHT MARCH 11, 1995 at the

TOWNHOUSE

(SEE MAP ON PAGE 4)

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Sacramento, CA

7:30 PM

THE RESTAURANT WILL BE CLOSED
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BOARD MEMBER ELECTIONS

As with any organization, it requires people. People willing to spend a few hours each month for the benefit of the organization they sponsor and attend. No organization can exist for an extended period of time without NEW BLOOD, to bring in new ideas, offer different suggestions -- a new way of doing things. For this reason once a year almost all organizations hold elections. The elections allow for current Board Members to retire and be replaced with fresh ideas and direction.

The same Board Members have been serving for over two years now. Some have stopped attending meetings due to changes in their personal life and the time available. Some wish to step-down to allow other interested members to assume a Board position, but hesitate in doing so for fear that no-one will step forward.

The By-Laws of the SGA have been amended to allow elected board members freedom of duties according to individual talents and time available to perform the duties of the position. This no longer means that the positions of President, Vice President, Secretary, Treasurer, and Communications Chair need be specified to run for a Board position. Elected Board members are free to select from the duties of Board Members which best fit their talents and time available. The exception is the Board Member receiving the greatest number of votes becomes Chairman of the Board.

If you desire to assist the SGA by volunteering for a Board Position or have someone you would like to see as a Board Member please forward these nominations or offer to be nominated to Ava on or before the March 11, 1995 meeting.

NOMINATIONS FOR BOARD POSITIONS WILL CLOSE ON **MARCH 11, 1995**

PLEASE WATCH YOUR MAIL FOR MEMBERSHIP BALLOTS AND POSSIBLE CHANGE IN LOCATION FOR THE ANNUAL MEMBERSHIP MEETING.

MEMBERSHIP BALLOTS WILL BE MAILED ON MARCH 13, 1995 AND MUST BE RETURNED AND RECEIVED BY MAIL **BEFORE MARCH 23, 1995** OR PRESENTED IN PERSON AT **THE MARCH 25, 1995 ANNUAL MEETING.**

RENEW YOUR MEMBERSHIP NOW !

Sacramento Gender Association
Blue Rose Chapter
PO Box 215456
Sacramento, California 95821-1456
Phone (916) 482-7742

The Sacramento Gender Association (SGA) is a non-sexual, membership-based organization serving the educational, recreational, and fun needs of the gender challenged community , their spouses, significant others, family members and professionals. Membership is open to all interested persons regardless of gender or sexual orientation.

OFFICERS

President ..... Chrissy Wilson
Vice President..... Amanda L
Secretary ..... Linda Lee
Treasurer .....Ava P
Security .....
Education.....
Entertainment .....
Editor .....Wittnie J
SO Chairperson .....
Past President..... Glenda G

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The S.G.A. Newsletter is published the last week of January, March, May, July, September, November. Submissions should arrive at SGA by the 25th day of the previous month. Contents reflect the opinions of the contributors, and are not necessarily those of SGA. Other organizations may reprint or reproduce uncopyrighted portions of the newsletter for their members provided SGA is acknowledged. Copyrighted material may be reproduced with written permission of the writer or author.

Please submit all articles 8.5 x 11 paper, typewritten with 10-14 point type, or WORD, WordPerfect, or ASCII Text on 3.5/5.25 disk

TREASURERS REPORT

by AVA

Hi girls,

Well so far we haven't been able to find a place to hold regular meetings so we'll still be having the social get togethers upstairs at the Townhouse on our normal meeting nights. The night at Fluffys dress shop was a lot of fun for those who attended and the pictures that we had taken at One of A Kind beauty shop on the 25th of February turned out real nice. We will have other nights at both places in the future. both places were open to the girls only on the nights we were there so we had the places to ourselves without the regular customers. Also Whitnie, Bernadette and myself did a talk show on the 3rd of March with Sandra Reishus on KJAY. I think we all had a good time doing it and I believe we'd all consider doing something like that in the future. Sorry we couldn't let you all know we were going to be on the radio but it wasn't set up until the week before.

As far as the treasurers report goes, we have $507.25 in the bank with all current bills paid. Those who haven't paid their dues yet should take care of it as soon as possible. We are still actively looking for a new meeting place. If anyone comes up with any good possibilities let Whitnie or I know.

COMPUTER USERS

Many of our members have computers and are either on Compuserve or AOL. If you would like your address or screen number published for other members to contact you please E-Mail me with your request.

Wittnie

	COMPUSERVE	AOL
AVA	75224,1767	AVA4SGA
WITTNIE	76100,122	TS5
LINDA LEE	73134,567	
KAY MYERS	75460,234	KENMIII

CROSS SECTION

A lot has happened since my last column, which was in last November. Of course, the incident of highest significance was our banishment from the Marconi Harbor Bar. Since this subject has been chewed on and redigested ad nauseam by our members, my only adage concerning this whole sorry matter is that "You can't judge a book by its cover". (Translation: A certain bar owner - first name starts with a "T" - is a lying, two-faced SOB). Enough said, I'll try to keep the rest of this column on a cheery note.

❖ ——————————— ❖

The SGA was competently represented over the airwaves when Wittnie, Bernadette, and Ava appeared on the Sandra Show (1430 AM) last Friday. Although I'm a little biased, I could say that they came across as ratio-

(Continued on page 5)

SGA HISTORY

(Re-print from January 1989 SGA Newsletter)

THE BLUE ROSE CHAPTER
A Brief History

by Jennifer Richards

I was recently asked, "Why the Blue Rose Chapter in our name?" A good question. The SGA is not the oldest organization of its type in existence, nor is it the youngest. We've been born and reborn several times - at least three since I've been on the scene. In my recent memory, we began as the Sacramento Chapter of the Gateway Gender Alliance, or SGGA. We held our meetings in the home of one of the founders, Pati Fink. (Incidentally, we still have two other originals with us in Laura Edwards and Kathy Rosen. Kim from RGA and ETVC was around a lot, too.) To continue, the GGA folded about 3 years ago and each chapter was left to its own devices. We decided to become the Sacramento Gender Association, SGA, and continue forward. We tried moving our meetings to the Metropolitan Community Church, but that didn't work out too well, so Pati graciously agreed to lend us her home again, even when she couldn't be there herself. In 1987, Pati, who had been supporting us financially as well as emotionally, won a long-standing disability suit, changing her status from poor comfortable. Shortly thereafter it was discovered that she had cancer, and had to undergo surgery and radiation treatments. it seemed that she had the cancer an the run when, tragically, in September of 1987, she was killed in a freak accident on the Capitol Ave bridge.

Pati Fink was that special kind of person you meet once or twice in a lifetime who makes you feel special. She wasn't a gender-challenged person herself, yet she gave to us without reservation. She gave to many others, as well. I've seen her calendar, and I don't know when the lady slept. Pati told all of us that the best time to reach her was between 4 and 6 in the morning. If she was going out the door, late, and the phone rang, she'd talk to whoever was on the line as long am, he or she wanted to talk. She figured that God put that person in touch with her for a reason, and it had to be important. She was recovering from chemical addictions herself, and was very active in counseling those individuals who needed help. In fact, Pati was returning from a Crisis Intervention when she died. She was working on a degree in counseling so she could establish a practice and reach out to as many people as possible. Even so, she was already getting referral--from doctors, some as far away as the Bay Area.

We've since found two new places to meet: first the Lambda Center, and now Joseph's Town and Country Inn. We tried changing our name, briefly, to the SAGA - Sacramento Area Gender Association - but came back to the SGA for reasons of continuity. We added the Blue Rose Chapter to the name in honor of Pati Preston Fink, who's personal symbol was the Blue Rose. She was also called Princess Blue Rose. But to those of us who knew and loved her, she was a Queen without equal.

Well. I've run out of things to say for now, Hope to see each of you really soon. And whether or not we meet again in the near future, I wish each of you the best, the absolutely very best, 1989 possible'

SHOPPING SPREE

February 15, 1995 was the exact date I exceeded my clothing budget for the month. The SGA had hosted a "Shopping Spree" at Fluffy's ReRuns at 5435 Palm Avenue. The management had made arrangements with us for a Private Party. Fluffy's provided us with wine, cheese and a lot of fun.

All three of Fluffy's dressing rooms were filled almost all the time with members and friends trying on different clothing. Mona, the owner, was most helpful with suggestions and selections for the girls to try on.

I myself purchased over $100 worth. Not a bad price for three top & skirt outfits, a jacquard blouse, silk pants, over-sized sweater, and an absolutely delicious chiffon skirt. Quality of the clothing was excellent, clean, and well maintained. An absolute bargain for those desiring a change in style.

Fluffy's does welcome the CD/TS community with some reservations. They ask that when the store is occupied with GG's that the members refrain from non-lady like behavior or inappropriately using the changing rooms. In the past she has had some crossdressers come in during her busy time and scared her regular customers away. They are willing to stay late or make arrangements with members for special time.

For those of you who missed this event the SGA will be hosting another "Shopping Spree" in the near future. Watch the Newsletter for date and time.

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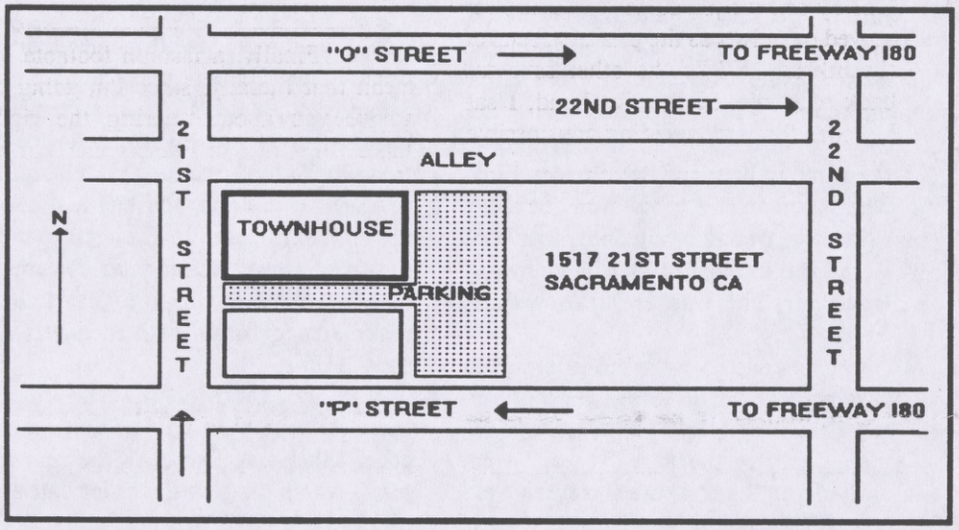
Jennefer's Comments

Dear associates,

I found last Saturdays (2/11) get together both rewarding and disturbing. The rewards, as always, are the warm feelings of affection I always feel for the company I am graced to share. I, for one, look forward to a more user friendly facility for Our time together. If you-all will have me I would serve this year as an all-around assistant to whoever and whatever is going on. I will act as liaison between the LAMBDA center and S.G.A., and perhaps, if desired by others, organize a couple of events, Such as; a picnic, a booth at this summers LAMBDA fair, (how 'bout a dollar a kiss?), a dance, fun things to do as a group, as *best I can.*

Anyone interested in volunteering to help The Positive Gourmet, a non-profit concern that provides food and services to symptomatic H.I.V. clients, as representatives of S.G.A., with the possibility of a small photo in an issue of NIGW, (good PR for SGA!), for a few hours, on a Sat. afternoon?

I have been speaking with representatives of LAMBDA center about using their meeting room. I intend to reserve the 20th of March, from 7 to 9(?)PM for an SGA social, members can decide first hand whether we would enjoy coming back. We will be able to enjoy self help films, demonstrations, guest speakers, ect ... without all the commotion of a bar. The thought of not having to shout to be heard is very appealing to me, maybe you too. There is some off street parking and some sort of refreshments and lite food will be available. Of course, afterwards, persons find themselves conveniently located for a quick tour of the local night spots. Other nights than Mon. may he available in future months. ***Jennefer Grant***



GENDER RELATED GROUPS & ACTIVITIES

Pacific Center for Human Growth
A counseling oriented growth center, sponsors all-inclusive gender support groups on every Friday except the last Friday of the month at 8:00 PM. 2712 Telegraph Avenue, Berkeley. Call (510) 841-6224

Rainbow Gender Association (RGA)
Meets the 1st and 3rd Friday of the month 8:00 PM at the New Community of Faith Church, 6350 Rainbow Drive, San Jose. Write RGA, PO Box 700730, San Jose, CA 95170. Call (408)984-4044

Diablo Valley Girls (DVG)
Meets 1st Tuesday and 3rd Monday of every month 8:00 PM at Just Rewards Nightclub, 2520 Camino Diablo in Walnut Creek. Write DVG, PO Box 272885, Concord, CA 94527-2885. Call (510) 849-4112

The Tenderloin Self-Help Centre
(a project of the Central City Community Hospital House funded by the Community Mental Health Services) Meets every Wednesday, 4-6 PM, at 191 Golden Gate, San Francisco: Call (415) 554-0518

F.T.M.
A support group for Female-to-Male crossdressers and transsexuals, holds both open Informational Meetings and closed Support Meetings. Write: FTM, 5337 College Avenue #142, Oakland, CA 94618. Call: (510) 827-2646

Educational TV Channel (ETVC)
The largest organization of this type in Northern CA providing a wide variety of support including: rap groups, a SO support group, print & video libraries, outreach, educational, and lots of social activities. Write:ETVC, PO Box 426486, San Francisco, CA 94142-6486. Call: (510) 549-2665 or Voice-Mail (415) 334-3439.

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INDIVIDUALS ▼
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CROSS SECTION

(Continued from page 2)

nal, intelligent, and decent human beings. I'd also like to applaud the hostess of the show, sexuality and relationships expert Sandra Reishus. Her approach to the topic of transgenderism was sensitive and accepting. If you happened to miss the show, audio tape copies of the broadcast are available through Wittnie.

❖ ——————————— ❖

Know a good meeting place? We're open to suggestions! Saturday nights and a friendly environment are the primary prerequisites; food service and bar availability would be nice added touches. Any reasonable idea is desired by those who arrange these kind of things (Wittnie and Ava). Just use some common sense in selecting a place; for example, a bar that caters to burly guys in black leather who have Harley hogs parked outside is not likely to be a good fit for our group. But seriously folks, we do need a place to meet! Contact Wittnie or Ava if you really do know of a possible site.

❖ ——————————— ❖

Speaking about bikers and bars, four members and a guest had an "interesting" experience last December. With our ears aching from the loud dance music at the now infamous Marconi Bar, Bernadette, Shelby, Cindy and friend, and I decided to revisit our old haunt at the Sierra Inn. The first warning sign should have been apparent when we spotted the rows and rows of motorcycles parked in the parking lot. It was I who won over the dubious others when I proclaimed that the late hour (1:15 AM) meant that the bar would be nearly empty. Besides, there were five of us, and even if we were "en femme", we would be able to take care of ourselves. The next warning sign was the loud biker rock music (like Steppenwolf) blaring from the bar as we walked across the lobby. Undaunted, we walked into the darkened lounge, expecting to find a few drunken souls in no condition to care about the new arrivals.

As our eyes adjusted to the dim surroundings, we realized that the bar was packed with over forty biker-types and their "mamas"! It also occurred to us that most of them were staring hard at our group! What was "Hog Heaven" appeared to be sheer hell for us.

I, the courageous one in the parking lot, stood rooted to the floor, too fearful to move in any direction. One of us (Bernie, I think) decided that we might as well stay and enjoy the music and made off to a vacant side table. One by one we joined the table and removed ourselves as the primary focus of the bikers. While the other four sat back and enjoyed the live band, I sat hunched forward, avoiding any possible eye contact with the bikers. In hindsight, I probably overreacted, since five minutes after we sat down, a middle-aged biker type came over and asked Shelby and then me if we wanted to dance! We both shook our heads in the negative and the biker gentleman walked away, apparently disappointed. I still wonder if he knew, or if he thought we were GGs.

After finishing a round of drinks, we left as the band (which was pretty good) was playing its last song. Theo (the GM) made sure that the security guard saw each of us to her car. Perhaps I had judged the bikers too harshly, since I later learned that they were in town for the annual holiday toy drive for needy children. Luckily, the incident can now be recounted as an amusing memory. Another TG life lesson learned!

❖ ——————————— ❖

As Wittnie had mentioned in our last newsletter, three of us went to the cotillon in San Francisco last January. I thought it was fun, although the extremely slow buffet line, food shortage, and arcane drink ticket system dampened the enjoyment somewhat. I wonder if we could hold something like that here in Sacramento. It would obviously be on a smaller scale, but what the heck, it'd provide another excuse to put on our formal dresses! Any ideas, people?

❖ ——————————— ❖

Finally, a fashion footnote. I mean that literally, since I'm going to advise you about wearing the right shoes when in San Francisco. That is, if you're anywhere near the hills, wear flats! I found out the hard way last month when I spent a couple days over there. With an accepting friend acting as my male escort, we set out to have dinner at a good Italian restaurant on Polk street. As you may know, parking in the city is very difficult to find, if not impossible. Luckily (or maybe not), we found a spot about 60 yards uphill from the corner where the restaurant was situated. However, uphill as a description may not really do justice to this steep incline. It was more like a roller coaster climb, which meant walking down towards the restaurant was like a roller coaster drop! Well, you guessed it; silly me, I was wearing four-inch heels. It was literally impossible to walk forward without pitching forward onto my face. With some help from my friend and some sideways shuffling, we slowly made it down the side of that mountain,

(Continued on page 6)

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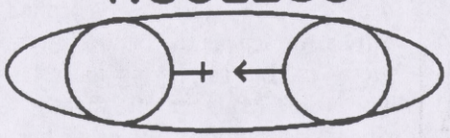

FOR HEALTH

The start of a new year traditionally ignites, deep within our psyche, desires for self improvement. With the start of this column I hope to provide helpful information on vitamins and herbs which can be the nucleus for an improved quality of life for this new year and many years to come.

By now you must be asking, what does this have to due with the needs of the transgendered community? I will devote the remaining portion of this first column to just that question.

Participants in this community are highly energized souls living some of the most complex lives ever imagined. Resulting out of this life style are numerous symptoms, sometimes acknowledged sometimes not, such as: stress, inscmnia, weight gain or loss, high blood pressure, kidney and liver infections, depression, hangovers, back pain, severe headaches, and much more.

Vitamins, herbs, and natural care products can help with these symptoms, as well as aid in the prevention of viruses, cancer, memory and vision loss along with slowing the aging process and changing our hormone balance.

Now then I Im sure I have hit upon some subject which piques your interest. It has mine for more than twenty years. In a past life I had an Herb Farm, grew over 400 varieties of herb plants, and wrote a book (which sold out) on the medicinal and culinary use of over 600 herbs.

Presently, I subscribe to several health and nutrition publications, and daily I personally take over 40 different nutritional supplements. I'm 52 years old, look 42, and have more energy than when I was 32. A recent blood test convinced my doctor that the only way I was going to die is to be hit be a truck. I'm currently taking several herbs which has resulted in significant breast growth,

These herbs and the subject of hormones will comprise my next column. Till then, good health and have fun!

Tina Louise

(Continued from page 5)

nearly breaking off the heels in the process; perhaps that would have been merciful. And yes, there were other people on the sidewalk, having a good chuckle at this poor damsel's distress. Fortunately, dinner was quite good, and a visit to Kimo's (the ETVC hangout) afterwards made it all worthwhile. Interestingly enough, walking back to the car uphill was a breeze, since the incline just about matched the angle the heels presented to the foot, which made the ground seem flat!

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DO YOU HAVE A COMPUTER	(YES)	(NO)
CAN YOU RECEIVE E-MAIL	(YES)	(NO)

E-MAIL	ADDRESS
COMPUSERVE	
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MEMBERSHIP YEAR FROM MARCH 1 TO FEBRUARY 28/29

MAIL TO:

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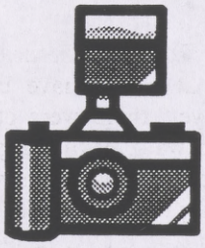
at any meeting.

SINGLE MEMBERSHIP	$ 20.00
COUPLE MEMBERSHIP	$ 35.00
NEWSLETTER ONLY	$ 12.00

AMOUNT ENCLOSED	



Glamour PHOTO SHOOT

On Saturday February 25, 1995 the SGA hosted a Glamour Photo Shoot at One of a Kind Salon at 5425 Palm Avenue. About seven SGA members and friends had made appointments to have their pictures taken. I had arrived about 7:30 and was greeted by Lorie of Photography by Lorie and Jacque the beautician. After watching the other girls being made-up and photographed it was my turn. Jacque checked and corrected my make-up as necessary to assure good photographs and then proceeded to style my hair. Sitting in the beauticians chair it was amazing to watch the transformation taking place before my own eyes. Jacque did an EXCELLENT job, considering what she had to work with.

After the make-up it was Lorie's turn. I had watched her before, not only with the girls that proceeded me, but with my own daughter and ex a few weeks prior. Lorie is a true professional. She quickly studies my facial features and then positioned my body and head for the best angle.

After the first shot using the clothing I arrived in she suggested a change. Lorie had brought with her all sorts of neck wraps and jewelry. We chose a black fur jacket. Lorie placed the jacket off the shoulders and hiding the bra straps took picture number two. I was having such a great time that I suggested another pose. We again went to the costume box and selected a royal blue boa and a black one. Twisting the two together to form a ring of feathers and fluff for picture number three.

After the photography shoot some of the girls and I went to the Townhouse and later to Faces. This time I was all dressed-up and found someplace to go. The reception at the Townhouse was excellent. In fact it was the first time a GG had complemented me on my dress and make-up. Thanks to Jacque and some make-up tips. In talking to Jacque later in the week she mentioned that she will be offering her make-up and hair styling services to members by appointment only.

On Monday following the photo session, Lorie called that the proofs were ready. We made arrangements to meet later so I could view them for selection. Looking at the proofs I could not believe what I was seeing -- the pictures were excellent. So much so that I ordered packages of all three.

We will be making another appointment with Jacque and Lorie for another session possibly in May. To view their work just ask any of the members who have had their pictures taken -- I know they will be proud to show you.

Wittnie

One of A Kind

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Jacque

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SGA On The Air

Fridays from 12:05 PM to 1:00 PM on KJAY 1430 AM is the location for The Sandra Show. Sandra Rieshus is a Board Certified Sexologist located in Sacramento.

On March 3, 1995, Ava, Bernadette, and Wittnie meet with Sandra at her office prior to air-time and discussed in general what the topic of the show would be. We then caravaned to the station located in cow country south of West Sacramento. Once inside the station we positioned ourselves around a table waiting for the cue for the show to start.

The main topic of our conversation was the CD/TS/TG community. Each of the members presented their position. Ava represented the cross-dresser, Bernadette the transgendered and Wittnie the transsexual position.

I myself felt quite relaxed with Sandra and enjoyed the event. Listening to the tape after the show I was a little disappointed with some of the answers I gave to questions, but a call-in from Billie Jean assisted with the proper information. I thought Ava and Bernadette were great. If there are any feelings about their presentation I would like them to comment on their own.

Another call-in from our own Helen (Ex-SO Chairperson) made comments on the organization and general activities of the SGA.

Lisa and Jennefer have made a tape recordings of the event and it will be made available for members to listen to if they missed the show. We regret that no advance notice was made to the general membership. The invitation to present our position was made only a five days prior to the show. Sandra enjoyed the event and has asked us to attend another talk in the future.

S.G.A.

RENEW YOUR MEMBERSHIP NOW !

March 95

SUN	MON	TUE	WED	THR	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11 Social 7:30 NOMINATIONS FOR OFFICERS ACCEPTED
12	13	14	15	16	17	18
19	20	21	22	23 DEADLINE FOR MAIL IN BALLOTS	24	25 Social 7:30 PRESENTATION OF NEWLY ELECTED OFFICCERS
26	27	28	29	30	31	

ELECTIONS FOR OFFICERS WILL BE HELD AT THE
SECOND MONTHLY MEETING OF MARCH
VOTING WILL BE DONE BY SECRET BALLOT
ABSENTEE BALLOTS MUST BE RECEIVED BY MARCH 23, 1995

April 95

SUN	MON	TUE	WED	THR	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8 Social 7:30
9	10	11	12	13	14	15
16	17	18	19	20	21	22 Social 7:30
23	24	25	26	27	28	29

NOW MEETING AT
TOWNHOUSE
1517 21st STREET
(On the east side of 21st Street just North of P Street)